



City of New Bedford
Scott W. Lang, Mayor

City of New Bedford
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P R E S S R E L E A S E

City Libraries, Senior Centers Offer Relief From the Heat

New Bedford, Massachusetts- Due to the unseasonably hot weather conditions and an air quality alert in effect for the greater New Bedford area, the City of New Bedford Department of Emergency Management has designated several city buildings as cooling centers for Tuesday, July 6, 2010.

Today (Tuesday), the following air-conditioned locations will provide a cool place for anyone looking to escape the hot weather conditions:

Main/Downtown Library	613 Pleasant Street	Open until 9:00pm
Casa da Saudade Library	58 Crapo Street	Open 12:00pm (Noon) to 8:00pm
Lawler Library	745 Rockdale Avenue	Open 12:00pm (Noon) to 8:00pm
Wilks Library	1911 Acushnet Avenue	Open 12:00pm (Noon) to 8:00pm
Howland Green Library	3 Rodney French Boulevard	Open 12:00pm (Noon) to 8:00pm

All senior citizens and disabled citizens in New Bedford are encouraged to go to any of the following Senior Centers to seek refuge from the heat:

Brooklawn Senior Center, North	1997 Acushnet Avenue	Open until 8:00pm
Buttonwood Senior Center, West	1 Oneida Street	Open until 3:30pm
Downtown Senior Center	560 Pleasant Street	Open until 3:00pm
Hazelwood Senior Center, South	553 Brock Avenue	Open until 8:00pm
Ashley Senior Center, South	543 Rivet Street/Goulart Square	Open until 3:00pm

If any elder or disabled individuals needs a ride to one of the centers, please call 508-991-6250 before 2:00pm to schedule a ride. For those who are deaf and hard of hearing, please call 508-979-1661 before 2:00pm. After 2:00pm call RELAY at 1-800-439-2370. Please remember to bring any medications with you and special food items with you to the center.

The weather forecast for the greater New Bedford area calls for temperatures reaching the lower 90's, with heat index values will reaching 100 to 104 degrees for several hours this afternoon. The heat index is "how hot it feels," when combining the air temperature with humidity.

City public safety and health officials offer the following tips for everyone to follow during hot, humid weather:

- Drink plenty of water regularly and often, even if you do not feel thirsty. Limit intake of alcoholic beverages.
- Never leave children or pets alone in closed vehicles.
- Slow down. Limit prolonged, strenuous outdoor activity.
- Stay indoors or avoid direct sunlight as much as possible. Spend time in air-conditioned places to reduce danger from the heat.
- Wear lightweight, loose-fitting, light-colored clothing.
- Eat small meals and eat more often.
- Be sure pets are given plenty of water.
- Check on family, friends and neighbors, especially the elderly and persons with respiratory problems.

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